

# Key Stage 3/4 Physical Education Curriculum Programme 2009 - 2010

		Autumn 2009		Spring 2010		Summer 2010		
		7th Sept - 23rd Oct	2nd Nov - 18th Dec	4th Jan - 12th Feb	22nd Feb - 31st Mar	19th Apr - 28th May	7th Jun - 23rd July	
<b>YEAR 8</b>	<b>Football/Netball</b> <i>Outwitting opponents</i>	<b>Basketball</b> <i>Outwitting opponents</i>	<b>Badminton</b> <i>Outwitting opponents</i>	<b>Hockey</b> <i>Outwitting opponents</i>	<b>Cricket</b> <i>Outwitting opponents</i>	<b>Tennis</b> <i>Outwitting opponents</i>		<b>Activities</b>  <b>Y8 &amp; Y9</b> Football Basketball Netball Hockey Athletics Field/Track Fitness
	<b>Gymnastics</b> <i>Replicating actions/concepts</i>	<b>Cross Country</b> <i>Health &amp; well being - max performance</i>	<b>Fitness/Dance</b> <i>Health &amp; well being/Replicating actions</i>	<b>Athletics Track</b> <i>Max performance</i>	<b>Athletics Field</b> <i>Max performance</i>	<b>Rounders</b> <i>Outwitting opponents</i>		
<b>YEAR 9</b>	<b>Football/Netball</b> <i>Outwitting opponents</i>	<b>Basketball</b> <i>Outwitting opponents</i>	<b>Badminton</b> <i>Outwitting opponents</i>	<b>Hockey</b> <i>Outwitting opponents</i>	<b>Cricket</b> <i>Outwitting opponents</i>	<b>Tennis</b> <i>Outwitting opponents</i>		Cross-Country Badminton Tennis Dance Gymnastics Rounders Cricket
	<b>Gymnastics</b> <i>Replicating actions/concepts</i>	<b>Cross Country</b> <i>Health &amp; well being - max performance</i>	<b>Fitness/Dance</b> <i>Health &amp; well being/Exploring &amp; communicating ideas</i>	<b>Athletics Track</b> <i>Max performance</i>	<b>Athletics Field</b> <i>Max performance</i>	<b>Rounders</b> <i>Outwitting opponents</i>		
<b>YEAR 10</b>	<b>Football/Netball</b> <i>Outwitting opponents</i>	<b>Basketball</b> <i>Outwitting opponents</i>	<b>Badminton</b> <i>Outwitting opponents</i>	<b>Hockey</b> <i>Outwitting opponents</i>	<b>Cricket</b> <i>Outwitting opponents</i>	<b>Rounders</b> <i>Outwitting opponents</i>		<b>Activities</b>  <b>Y10 &amp; Y11</b> Football Basketball Netball Badminton Fitness Tennis Cricket Rounders Athletics - Track/Field
	<b>Fitness</b> <i>Health &amp; well being</i>	<b>Circuit Training</b> <i>Health &amp; well being</i>	<b>Dance</b> <i>Exploring &amp; communicating ideas</i>	<b>Athletics Track</b> <i>Max performance</i>	<b>Athletics Field</b> <i>Max performance</i>	<b>Tennis</b> <i>Outwitting opponents</i>		
<b>YEAR 11</b>	<b>Football/Netball</b> <i>Outwitting opponents</i>	<b>Basketball</b> <i>Outwitting opponents</i>	<b>Badminton</b> <i>Outwitting opponents</i>	<b>Hockey</b> <i>Outwitting opponents</i>	<b>Cricket</b> <i>Outwitting opponents</i>	<b>Rounders</b> <i>Outwitting opponents</i>		
	<b>Fitness</b> <i>Health &amp; well being</i>	<b>Circuit Training</b> <i>Health &amp; well being</i>	<b>Dance</b> <i>Exploring &amp; communicating ideas</i>	<b>Athletics Track</b> <i>Max performance</i>	<b>Athletics Field</b> <i>Max performance</i>	<b>Tennis</b> <i>Outwitting opponents</i>		