

# Canons High School News

*'A High Performing Specialist School' (DfES 2006)*



ISSUE 19 – 7th March 2008

Tel: 020 8 952 5780 Fax: 020 8731 1460

## A message from the Headteacher

### Top Award for Canons High School

I am delighted to report that I have received a letter from the Department for Children, Schools and Families informing us that our School has been awarded the prestigious Sportsmark Award. This award is given to schools as a reward for their "exceptional delivery of the National School Sport Strategy". Congratulations to our wonderful PE Department led by Mr Chowdhury.

L. Rowlands



### The Final Rotary Young Chef competition

**Adam Mead (10AS)** took part in the District Final of the Rotary Young Chef competition at Westminster Kingsway College on Saturday 1<sup>st</sup> March. He battled hard against the other chefs. Although a late arriver he was the first one out of the kitchen with his completed dish of food. Adam came 4<sup>th</sup> out of 14 contestants. The professional chefs said he cooked an outstanding dish. He also received lots of very good comments from all the teachers and parents of the other competing chefs. He received a medal and a certificate for taking part.

Congratulations and well done to Adam Mead! You are a credit to Canons High.

**Janet Swan: Food Technology Department**

### Buckinghamshire University

On Friday 29th February 40 Yr 10 students were invited to take part in an Aim Higher Day at the University of Buckinghamshire. The students took part in a number of activities to encourage them to look at different professions and what GCSEs they will need to get to go to university. The students also took part in a number of group activities which helped develop their group skills. The day was run by students from the University of Buckinghamshire who spoke to us about their experiences and life at university. We would like to thank the university for a successful day. Many of the students spoke highly of this event.

"All of us were very excited to go there," "We did different kinds of activities related to Future Careers and Higher Education".

All the activities were fun, especially the 'Ice Breaker' which most of us could not do. The day was good "not to mention the free food". It was a great experience and we would like to thank Ms Callender and Mr Litchfield for taking us there



We hope the students are much clearer about their future now.

**By: Susan Jounus 10RC and Saloni Joshi 10JC**

### CANONS HIGH P.E Sportsmark Award

Canons High P.E Department has received the Sportsmark Award for the year 2007—2008 for their exceptional delivery of good sports activities throughout the year within the school grounds. The PE Department is proud of this achievement as it provides exceptional quality in Physical Education lessons as well as providing after school activities for students who are dedicated to focusing their attention in a positive direction.

This Award was presented by the National School Sports Strategy Department for culture, media and sports.

**Mr A. Chowdhury**

**SAFER NEIGHBOURHOODS**

Get your say! Between 25th February 2008 and 20th March 2008 the Metropolitan Police are conducting a London wide on-line School Survey for 11 to 16 year olds. This survey is anonymous and will give young people a chance to give their views concerning local Policing issues.

To participate please log onto [www.met.police.uk/saferneighbourhoods](http://www.met.police.uk/saferneighbourhoods) and click on the orange poster shown on the front page in the right hand bottom corner.

**BIG DAVE**

Big Dave's Anti-Bullying Road Show is now in its seventh year. He has been touring the country's primary and high schools to speak to pupils about the nature and effects of bullying. Canons High School, working in partnership with PC Leahy, have arranged for Big Dave to attend Canons High School on Thursday 13th March 2008. Big Dave is a record-breaking strong man who holds 24 Guinness World records, 17 of which are uncontested. He will be showing his strength by pulling a bus and this will be followed by a talk with Year Eight pupils.

**BASKETBALL**

On Friday 14th March 2008 the staff of Canons High School will be playing the Metropolitan Police at Basketball. This event is to show support for Sports Relief to promote the continued success of the Saturday Basketball Club, which Mr Mc Calla runs and Harrow Police have helped to support as part of a youth diversion scheme.

Any monies raised will go straight to the charity. The Police Team will be made up of Local Safer Neighbourhood Officers.

There will be more events happening during the week beginning 10th March.

P.C. Leahy

**YEAR 10 EFFICIENT AWARDS**

**Most Organised**

Ananya Dixit 10AL

Payal Patel 10AL

**Best Dressed**

Antony Clayson 10RC

Sheetal Pisavadia 10AL

**Most Improved**

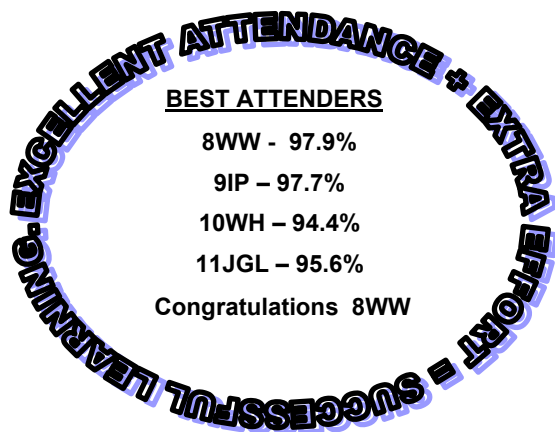
Georgie McGuire 10WH

Ahmed Maclin 10AL

Ms S. Alderton And Ms Callender

**6TH FORM MIDDLE SCHOOL P.E ACTIVITIES**

Currently our Year 12 Community Sports Leaders are running sports activities before school at some of our feeder middle schools. Middle School staff have been very impressed with our students. Well done!



**YEAR 9 STUDENT'S ACHIEVEMENT**

**Anamaria Erdos 9 LM** a new arrival from Romania, is a very hardworking student who has made substantial progress in Post Induction English lessons. She has been promoted to join all her main stream lessons. "Well done, keep it up Anamaria."

**Ms A. Dey EAL Teacher**

**YEAR 11 REMINDERS!**

Graduation : The full amount of £30 was due to the Library by Wednesday 5<sup>th</sup> March 2008.

Prom : The full amount of £10 is due to the Library by Friday 14<sup>th</sup> March 2008

Adele Franklin

Librarian



**CANONS HIGH SCHOOL LIBRARY—READERS OF THE MONTH**

Congratulations to the following who are :

February 's Readers of the Month:

**8SA Sakana Vilvarasa**

**9IP Changa Ranatunga**

**10AT Diksha Ramerkha**

**11SW Kaldeh Jaber**

Ms A. Franklin