



Using the Internet safely at home

To keep safe they should:

- use websites recommended by teachers and use a student friendly search engine
- be aware of who created a website and possible bias within information
- only email people they know, (why not consider setting up an address book?)
- exercise caution before opening an email sent by someone they don't know
- use Internet chat rooms with caution and know how to block unwanted users
- not use their real name when using games on the Internet, (create a nick name)
- never give out a home address, phone or mobile number
- never email your school name or a picture in school uniform (even to a friend)
- never arrange to meet anyone alone, and always tell an adult first
- only use a webcam with people they know and turn it around if it is not in use

Using these rules

Go through these rules with your child and pin them up near to the computer. It is also a good idea to regularly check the Internet sites they are visiting e.g. by clicking on History and Favourites.

Please reassure them that you want to keep them safe rather than take Internet access away from them. Create a dialogue and a relationship of mutual respect as far as the Internet is concerned.

Some useful websites

CEOP: www.ceop.gov.uk

Think U Know: www.thinkuknow.co.uk

Digizen www.digizen.org

Information sourced from:



E-Safety @ Canons

Information for parents and carers



About this leaflet

Students of today are increasingly using ICT (Information & Communication Technology) in schools and in the home.

This leaflet explains:

- How pupils use ICT in school
- How using ICT at home can help them to learn
- How they can use the Internet safely at home
- Where to access further information to be safe on line
- Information on the Canons E-safety workshops for parents





How a student uses ICT at school

ICT in schools is taught as a subject in its own right and also supports students' learning in other subjects, including English and mathematics.

Within ICT lessons students learn to use a wide range of ICT including:

- Word Processing** to write essays, reports and letters
- Databases** to record information and search for information
- Spreadsheets** to create tables, charts and use formulae
- Desktop Publishing** to design posters, leaflets, newsletters etc
- Multimedia Presentation** to present text, pictures and sound
- Drawing Programs** to create pictures and designs
- Internet and CD-ROMs** to access research for project work
- Email** to contact friends in school/ email coursework to teachers
- Digital Cameras** to record what they have done in class or on a field trip
- Simulations** to explore real and imaginary situations

How you can help your son or daughter at home

ICT is not just about using a computer. It also includes the use of **mobile phones**, digital cameras and equipment such as a tape recorder, MP3 or DVD player.

Students can be helped to develop their ICT skills at home by:

- writing a letter or email to a friend or relative using a computer
- creating digital artwork and pictures
- using the Internet to do research for a project
- using an online simulation to develop problem solving
- using interactive games to enhance their learning



E-SAFETY WORKSHOPS

Canons is running a series of workshops for parents and carers in the autumn term on e-safety. There are limited places (15) for each workshop to ensure that those attending are supported well. If you are interested then please contact a member of staff or email to let us know of the session you would like to attend.

Tues 8 September 17:00 to 18:00  kthakral@canons.harrow.sch.uk
Wed 23 Sept 17:00 to 18:00

How learning at home with ICT benefits students

Home use of ICT by students:

- improves their ICT skills and makes learning more fun
- offers them choice in what they learn and how they learn it
- supports homework and revision
- improves the presentation of their work
- connects learning at school with learning at home

For further information go to:

Parents Centre: www.parentscentre.gov.uk/usingcomputersandtheinternet

From the menu choose either **Links by topic** or **Links by age** for details

Using the Internet safely at home

Whilst many Internet Service Providers offer filtering systems to help you safeguard your son or daughter at home, it remains surprisingly easy for students to access inappropriate material including unsuitable texts, pictures and movies. Locating the computer in a family area, not a bedroom, will enable you to supervise your son or daughter as they use the Internet.

However, don't deny them the opportunity to learn from the wide variety of material and games available on the Internet. Instead discuss